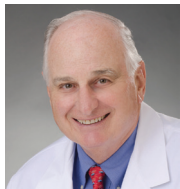


I SNORE BUT DO I HAVE SLEEP APNEA?



Dr. Barbieri

ASK THE EXPERT

FAQ: I snore, but do I have Sleep Apnea? Try this short test:

3 or **more** "Yes" = **HIGH RISK**

3 or **less** "Yes" = **LOW RISK**

Be honest--Your life depends on it!

- 1) Have you been told you snore? Y/N
- 2) Feel tired or sleepy during the daytime? Y/N
- 3) Observe or aware if stopping breathing when sleeping? Y/N
- 4) Have been or are being treated for high blood pressure? Y/N
- 5) Have a BMI more than 28 (overweight) Y/N
- 6) Over 50 years old? Y/N
- 7) Wear size more than 16.5 for men, 16 for women? Y/N
- 8) Are you male? Y/N

60 Main St. Suite C • Hilton Head SC

Phone: 843-342-7533 • 2sleepwellagain.com

APPROVED MEDICARE/DME PROVIDER